



[Leadership Coalition on Aging](#)

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**FOR IMMEDIATE RELEASE**

**February 26, 2019**

**SECOND SEMINAR, “HOW TO SUCCESSFULLY AGE IN PLACE,”  
ANNOUNCED IN 2019 SENIOR EMPOWERMENT SERIES**

**(Naples, FL)** The Leadership Coalition on Aging announces the second seminar, *How to Successfully Age in Place*, in its five-part Senior Empowerment Series for 2019. The seminar will be held Thursday, March 14, 2019, from 1:00PM – 3:00PM at Grace Lutheran Church, 860 Banyan Blvd, Naples, Florida. Please RSVP no later than Wednesday, March 13<sup>th</sup> by calling 239-776-7353. Admission to the seminar is FREE, and is open to seniors, friends and family.

Statistics show that more than 90 percent of seniors would prefer to stay in their home and age in place – even if they begin to need help with their activities of daily living. With this rapidly growing number of older adults desiring to live independently, it’s increasingly important to make sure that seniors have the knowledge and resources to optimize safety at home.

The public is invited to join expert panelists in a discussion exploring tips and tricks to better their independence and sustainability at home. Featured panelists will include:

- Adam Corcoran - Director of Business Development, Golden Care Home Health
- Lisa Kopp - Liaison for Hope Health Care Services, Hope PACE
- Janet Grange - Senior Choices at Home
- Tammy Wilkinson - Owner/Administrator, Shifting Sands Adult Day Center
- Tatiana Fortune, M.S.W. – Director, Golden Gate Senior Center

Future topics and dates for the Empowerment Series, all in Naples, are as follows:

- “Caring for Caregivers – Avoiding Burnout” – May 16, 2019 at South Regional Library
- “What to Do with All Your Stuff!” – July 11, 2019 at Naples Daily News
- “Senior Living Options in Southwest Florida” – October 10, 2019 at Bentley Village

For more information about the [Leadership Coalition on Aging](#), please contact LCA Chair [Heather Baker](#) at 239-571-1006, or [visit LCA online](#).

#### **ABOUT THE LEADERSHIP COALITION ON AGING**

Sponsored by Collier Senior Resources (CSR), the Leadership Coalition on Aging was established in 2012 as a means for local health and human service providers to collaborate toward enriching the lives of Collier County seniors and those in a caregiving role. The coalition seeks to foster a community environment that promotes well-being through resource sharing, education, advocacy and community outreach. The coalition is comprised of over 50 organizations, including private sector, nonprofit and governmental agencies. The coalition meets monthly to share resources, advance advocacy agendas, educate members, and plan outreach initiatives. Signature events include: • Annual Conference on Aging for Professionals • LODESTAR Awards, recognizing leadership in the senior sector • Empowerment Series for Seniors.

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